

Food Allergy Testing



190 FOOD PANEL (95 FOODS + ADDITIONAL EXTRAS BELOW)



Meat + Dairy

Duck egg, Duck meat, Parmesan cheese, Sheep milk, Venison, Yogurt



Grains

Amaranth, Brown rice, Flaxseed, Millet, Psyllium seed, Safflower seed, Sorghum, Wild rice



Vegetables

Alafalfa, Artichoke, Bamboo shoot, Bean sprout, Black bean, Bock choy, Brussels sprout, Butternut squash, Chili pepper, Eggplant, Endive, Garbanzo bean, Green olive, Jalapeño, Kale, Kelp, Kohlrabi, Mung bean, Navy bean, Okra, Pinto bean, Radish, Rutabaga, Sweet potato, Water chestnut, Watercress, Yam, Yellow squash, Zucchini



Fruits

Blackberry, Boysenberry, Cantaloupe, Cherry, Currants, Fig, Kiwi, Mango, Pomegranate, Rhubarb, White grape



Nuts

Almond, Peanut, Pecan, Pumpkin seed, Sesame seed, Sunflower seed, Walnut



Spices

Allspice, Basil, Black pepper, Cilantro, Cinnamon, Clove, Coriander, Cumin, Dill, Ginger, Horseradish, Mustard, Nutmeg, Oregano, Parsley, Peppermint, Poppy seed, Rosemary, Sage, Spearmint, Tarragon, Thyme, Turmeric, Vanilla

Also includes: Arrowroot, Carob, Cocoa, Corn sugar, Cornstarch, Hops, Maple sugar, Tapioca, Tea