



NATUROPATHIC PHYSICIAN
CERTIFIED MENOPAUSE
PRACTITIONER

**DR. LAURIE
MARZELL
N.D., N.C.M.P.**

WWW.DRMARZELL.COM

US BioTek Food Allergy Test Kit Instructions

Congratulations on taking the next step in your health! We are so excited for you to take this test and find those pesky food culprits that can wreak havoc on your body.

With Dr. Marzell not physically into the office to do the blood draw, we do have to refer you to an external lab. We've done some homework to make this as easy as possible for you until we are back in the office. Here's what needs to happen:

1. Find a lab that is near you and get your blood drawn. To access a partnered lab with US Biotek, please visit their website at www.USbiotek.com. At the top click the drop-down button listed as Resources and then click Blood Draw Locations. They have 4 options listed to help you book an appointment.
2. Once your blood is drawn, you need to take the vials with you and place them into the allergy test kit we gave you. Make sure the requisition form is filled out with your info and payment information.
3. Head to the post office and mail out your kit. That's it! Don't forget to call our office when you mail the kit so we can book an appointment with you to go over the results. This process takes just a little over a week to get the results back.

Please Note: If you are covered by Legacy Labs and are going in for routine blood work, they have agreed to do the draw for the US BioTek kit. You will need to ask for a Courtesy Lab Draw and they can fill the vials in the kit. They do not do anything else. They just do the draw and hand them back to you. You will then follow step 3 above and that's it!

If you have any questions, please give us a call so we can assist you.